



# Supply Chest

November 22, 2002

Ready - Resourceful - Responsive!

Vol. 54 No. 20

## Welcome aboard CMC Williams

FISC Norfolk recently welcomed aboard a new cCommand Master Chief, GMCM(SW/AW) Ronald R. Williams. He takes over the CMC office from the recently retired SKCM(SW) Alexander Santos.

Master Chief Williams joined the Navy on September 30, 1974. He completed recruit training at RTC, Orlando, Florida and transferred to Service School Command, Great Lakes, Ill. for the Basic Electricity and Electronics "BEEP" School and GM Class "A" School. After "A" School, he attended NATO Seasparrow Missile System Class "C" factory school in Wayland, Massachusetts.

Williams reported to *USS Kansas City (AOR 3)* in July 1976, where he maintained the NATO Seasparrow launcher, missile magazines, and was the ship's armorer. While aboard *Kansas*

*City*, he made two eight-month Western Pacific (WESTPAC) deployments and was advanced to Petty Officer Second Class before transferring to *Naval Ships Weapons System Engineering Station (NSWSES)* Port Hueneme, California in June 1979. At *NSWSES* he processed feedback reports, Publication Deficiency Correction Action Reports, and Technical Action Bulletins. While there, he was advanced to Petty Officer First Class.

In October 1981, he reported for duty onboard *USS Kitty Hawk (CV 63)*. While there, he was leading petty officer for the NATO Seasparrow and close-in-weapons-systems work centers. In September 1983, he was selected for and initiated as a Chief Petty Officer. He completed one WESTPAC cruise and took the ship through a one-



GMCM(SW/AW) Ronald R. Williams

year overhaul in Bremerton, Washington, before transferring to the *Pre-Commissioning Unit (PCU) USS Vincennes (CG 49)* in November 1984 in Pascagoula, Mississippi, following

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## FISC earns Peoples Award

FISC Norfolk Commanding Officer Capt. L. V. Heckelman (center) holds the RADM Christian J. Peoples Award. Joining Capt. Heckelman were (left to right) William Barker, technical director, FISC Norfolk Det. Washington; Capt. Mark Westin, officer-in-charge, FISC Norfolk Det. Washington; Capt. Richard Ellis, officer-in-charge, FISC Norfolk Det. Philadelphia; and Velma Corey, FISC Norfolk Det. Philadelphia. The award is an annual award to recognize those activities that have implemented initiatives supporting the Javits-Wagner-O'Day (JWOD) Program.

# From the Commanding Officer: Charity and Holidays



By **L. V. Heckelman**  
**Commanding Officer, FISC Norfolk**

FISC Norfolk and Regional Supply/Logistics Teammates,

With a few weeks remaining in the 2002 Combined Federal Campaign (CFC) I wanted to thank those who have already participated and encourage your consideration to do so if you haven't already. Last year the Hampton Roads community distinguished itself as the fifth highest workplace campaign out of 365 across our entire country. We can all be proud of the over 5.4 million dollars contributed in 2001

which represented a 27% increase over the previous year's local campaign.

As you all know, the mission of CFC is to support philanthropy and to provide an opportunity for Federal employees to improve the quality of life for all. The CFC dates back to the early 1960s when several campaigns existed in support of a variety of charities. The objective was to combine under one umbrella for one campaign, once a year and simplify the mechanism for donating for those who choose to do so. Employees who do choose to contribute select the organizations of their choice to receive their contribution and there are literally hundreds of organizations to choose from. If you are a CFC contributor and do not designate an agency or organization to receive your contribution, it will be equally divided among several charities.

Our goal for the 2002 Combined Federal Campaign is 100% contact of our workforce and to provide the opportunity to give to the charity of your choice. It's a great opportunity to help those less fortunate than ourselves. I'd also like to thank all the key workers who make the campaign successful...

without their time and effort we could not make this happen year after year.

Since we are about to head into the holiday season, I also wanted to take this opportunity to wish everyone a very happy and safe Thanksgiving. Holidays are a time for family and for recalling the blessings of living in the United States of America and enjoying the freedoms guaranteed to us by our Constitution. Be sure to set aside time for family and friends during the holiday season and reflect on the good work that you've done this past year. We are all serving our country and its ideals through the many different jobs we do here at FISC, DDNV and the Mid-Atlantic Region. We continue to have significant change ahead of us and that change will bring with it some uncertainty... but we can all be proud of our accomplishments and achievements and know that whatever change brings, we have our family, friends and teammates standing with us to ensure that we will continue to succeed and get the job done. Thank you for your service and have a wonderful holiday season.

## Supply Chest

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## CWO5 Program Approved

Secretary of the Navy Gordon R. England recently announced a decision to implement the grade of Chief Warrant Officer 5 (CWO5) commencing with the FY 04 selection board cycle. NAVADMIN 337/02 was recently released to announce this exciting new opportunity.

The Navy's Chief Warrant Officers are our foremost technical experts. The experience they have gained through years of service in repetitive tours within their specialties is a valuable resource for our Navy and our Supply Corps. Implementation of the CWO5 rank will enable the Navy to attract and retain the very best technical leadership.

The total authorized CWO5 billets will not exceed 5 percent of the total overall CWO end strength. The Navy expects to phase in approximately 84 billets over the next 5 years. Within the Supply Corps, we identified three Navy Food Management Team OIC positions as billets autho-

rized for the rank of CWO5.

Competition for selection to CWO5 will be on a Navy wide "Best and Fully Qualified" standard. There will not be specific selection quotas for specific designators.

There will be a 2-year minimum time-in-service payback requirement and the 30-year high year tenure law is still in effect. However, in the event a CWO5 selectee will not promote before reaching the high year tenure mark, the officer will be allowed to serve until his or her promotion date plus 30 days.

For additional information contact our LDO/CWO Detailer, LCDR Doug Bryan at (901) 874-4613; DSN 882-4613; e-mail address at p4412a@persnet.navy.mil.

J. D. MCCARTHY

Rear Admiral, SC, USN

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nearly one year of additional training. *USS Vincennes* was commissioned in 1985 and subsequently steamed through the Panama Canal to San Diego, California, its new homeport.

In May 1986, Williams reported to *Mobile Training Unit Thirteen (MOTU-13)*, Subic Bay, Philippines. While there, he traveled extensively to deployed *Sixth* and *Seventh Fleet* ships correcting equipment casualties to gun and missile systems. In August 1989, he reported to *USS Callaghan (DDG 994)* in San Diego, California, as the gun system and missile system chief. He was selected for advancement to Senior Chief in 1992. He completed one WESTPAC deployment and a two-month cruise to South America for drug enforcement opera-

tions. In 1993 he transferred to *Fleet Training Center*, San Diego, California, where he managed Gun Systems Division including all small arms courses, magazine sprinkler courses, and two gun system Class "C" Schools. He was selected for advancement to Master Chief Petty Officer in April 1996 and transferred shortly after that to the Weapons Department at *Naval Air Station Sigonella, Sicily*. There, he managed the largest weapons depot in the Mediterranean, supplying ordnance to *Fifth* and *Sixth Fleet* units in support of Operation Southern Watch. He also led NAS Sigonella's Tomahawk Quick Response Teams in tactical reload operations with U.S. ships and submarines and NATO submarines in the *Fifth* and *Sixth Fleet* AOR's.

Master Chief Williams reported as the Command Master Chief to the

Golden Warriors of *Strike Fighter Squadron EIGHT-SEVEN (VFA-87)* in January 2001. The Golden Warriors deployed aboard *USS Enterprise (CVN-65)* in April 2001. During Operation Enduring Freedom he achieved his Air Warfare qualification and is dual warfare qualified. He is authorized to wear the Navy and Marine Corps Commendation Medal (2 awards), Navy and Marine Corps Achievement Medal, (3 awards), Military Outstanding Volunteer Service Medal, and various campaign and unit awards.

Master Chief Williams is a small arms instructor, motorcycle safety instructor, and a Navy Master Training Specialist. His hobbies are target shooting, fishing, and camping. He completed 28 years of Naval service in September 2002.

# News Briefs

## FISC earns group award

FISC Norfolk employees will find a little something extra in their November 22 pay check.

According to FISC Norfolk Executive Director Sid Etherington, employees of the Fleet and Industrial Supply Center (FISC) Norfolk have performed in such manner that all significant command performance indicators for Fiscal Year 2002 have been exceeded or met. FISC Norfolk's employees have made substantial strides in implementing the Commander Naval Supply Systems Command's Strategic Initiatives. Some of the more notable achievements include:

- Another "goal busting" Combined Federal Campaign. The FISC team is a generous one.
- Winning the NICC.A-76. Implementation is underway.
- Passed the audits for the ATAC and HAZMAT MEOs.
- Successful IG inspection.
- Continual supply support in response to Enduring Freedom.

## Use or lose annual leave

Excess unused annual leave (over 240 hours) is subject to forfeiture at the end of the leave year, which is January 11, 2003. Forfeited annual leave can be restored if the following conditions are met. First, the leave must have been scheduled and approved prior to the start of the third pay period before the end of the leave year (November 30, 2002). Second, the scheduled annual leave was cancelled due to the employee's illness or an exigency of public business (workload considerations). To avoid the risk of leave forfeiture, employees are responsible for scheduling all use or lose annual leave in writing prior to November 30, 2002. For additional guidance and information regarding leave restoration, please contact the Human Resources Office, Labor and Employee Relations Division at (757) 443-1050 or 443-1038.

Employees who have excess annual leave which cannot be scheduled before

the end of the leave year may want to consider donating the leave to the Voluntary Leave Transfer Program. A leave donor who has use or lose leave is limited to donating either half of the amount of annual leave he or she would accrue during the leave year, or the number of hours remaining in the leave year as of the date of the donation, whichever is less. If you need additional information regarding the Voluntary Leave Transfer Program, please contact Ms. Helen Taylor, Human Resources Office at (757) 443-1028.

## Voluntary Leave Transfer Program (VLT)

The following employees are Leave Recipients in the VLT Program:

George Washington, CAX  
Laverne Baker, Code 304  
Robert Mayfield, Code 301  
Alexis Wiggins, Code 306  
Terry Chilcott, Code 105  
Roy Lathan, Code 302  
Michael Wilson, Code 302  
LaWanda Diggs, RSO

If you would like to donate annual leave to any of these Leave Recipients, please contact Helen Taylor at 443-1028.

## Beneficial Suggestions Program

There were beneficial suggestions submitted in FY-02 and awards ranged from \$50.00 to \$2,000.00. If you have a suggestion that will save money, increase production or otherwise improve operations for FISC or DON, please submit your suggestion to Helen Taylor, Human Resources Office, Building W-143, 6th Floor. Please contact Ms. Taylor at 443-1028 if you have questions or need suggestion forms.

## Click-it or Ticket

In an effort to stress traffic and motor vehicle risk management among military members and their families, Commander, Naval Safety Center (COMNAVSAFECEN) will partner with the National Safety Council (NSC), National Highway Traffic Safety Administration (NHTSA) and Navy commands in mobilizing the "Click It or Ticket" Program.

"Click It or Ticket" is an intensive

traffic law-enforcement campaign running Nov. 25 through Dec. 1 to help raise seat belt use nationwide.

The command's goal is to increase awareness of motor vehicle safety and reduce the number of needless deaths. In the last four years, the Navy has lost 317 shipmates in private motor vehicle crashes.

During FY02, 53 Sailors lost their lives to private four-wheel motor vehicle crashes. According to Safety Center analysts, 31 percent of those who died were not wearing seat belts. Based on studies conducted by NHTSA, seat belts significantly reduce fatalities by up to 45 percent in passenger cars and 60 percent in light trucks.

"We must encourage our Sailors to keep in mind that when they're off-duty, they still must exercise risk management," said Capt. Bruce Crisler, director of the Shore Safety Programs at the Safety Center.

Motor vehicle crashes are the leading cause of death for the military.

"Our plan is to encourage regional commanders in supporting this campaign over the Thanksgiving holiday period," noted Crisler. "But to really see the impact of our safety-awareness campaign, I would like to see this program go beyond the holiday season."

In a message to the fleet, Rear Adm. Steve Turcotte, Commander of the Naval Safety Center, said, "Buckling up is easy and the best life insurance available, yet many in full view of signs requiring its use come through the gate without doing so. Safety belts are required 100 percent of the time - on base and off. It is our responsibility to ensure this requirement is enforced."

The commander calls on all leaders of every Navy command to set the example, for it is a matter of life and death. Installation commanders, security officers, public safety workers and public



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affairs officers can visit [www.nsc.org/airbag.htm](http://www.nsc.org/airbag.htm) to register online, or they can download the form and fax it 202-338-0415. Mobilization materials will also be available online at [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov). For more information, contact Naval Safety Center Public Affairs at 444-3520 ext. 7312 or visit [www.safetycenter.navy.mil](http://www.safetycenter.navy.mil).

#### **Benefits Information-Health Insurance**

The individual Federal Employees Health Benefits plan brochures for 2003 are now available on the Office of Personnel Management web site. You can access them at [www.opm.gov/insure/03/html/brochure.asp](http://www.opm.gov/insure/03/html/brochure.asp).

You may contact the Benefits Line at 1-888-320-2917. Select option 2 to talk to a benefits counselor then option 1 for East Region. Benefits counselors are available from 7:30 a.m.- 4:30 p.m. Monday through Friday.

You may e-mail the Retirements and Benefits Division anytime at [benefits\\_east@east.hroc.navy.mil](mailto:benefits_east@east.hroc.navy.mil).

The TTY number for the hearing impaired is (757) 396-7078.

#### **Cafeteria closure**

The Cafeteria will be closed Thursday and Friday, November 28th & 29th for the Thanksgiving Holiday. It will reopen on Monday, December 2nd.

Closure dates for Christmas/New Year Holidays will be forthcoming.

#### **TSP Open Season continues**

The TSP open season continues through Dec. 31. To enroll or change the amount of your contribution, you must file a contribution election. Use the TSP Election Form — TSP-1 if you are a civilian employee or TSP-U-1 if you are active-duty. For more information on TSP, visit their website at [www.tsp.gov](http://www.tsp.gov).

#### **Long term care insurance update**

Previously, employees whose applications for long term care insurance had been approved were required to

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## **CEAP Corner**

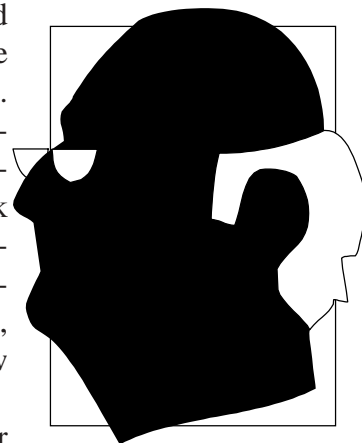
During the month of November, the Civilian Employee Assistance Program (CEAP) staff invites all centerites to celebrate Diabetes Awareness Month and Alzheimer's Disease Awareness Month. CEAP will be distributing literature and displaying posters to on the risk and symptoms of Diabetes, along with the symptoms of Alzheimer's, who is at risk, and how it is diagnosed.

Diabetes is a disorder of the metabolism - the way your body uses food for energy and growth. Too much blood sugar (glucose) builds up in your body without being converted to energy (by insulin). This can lead to serious complications affecting your blood flow, nerves, eyes, kidneys, teeth, and gums.

You are at risk if:

- you are 45 or older
- you have a family history of diabetes
- you are overweight
- you have high blood pressure (at or above 140/90)
- you are inactive
- you are Native American, Hispanic, American, or Pacific Islander
- you have a history of diabetes during pregnancy
- you are a woman who has had a baby weighing more than nine pounds at birth

Alzheimer's is a brain disease that affects a person's ability to remember, reason, and communicate. Alzheimer's is the common cause of dementia, a general term for memory loss that interferes with daily activities. Dementia used to be known as "senility" and was



thought to be a normal sign of getting older. But now we know that Alzheimer's and other forms of dementia are not a normal part of aging. Alzheimer's is suspected when symptoms of dementia, such as memory loss

and confusion are present. Other conditions that cause the same symptoms must then be ruled out. These include thyroid problems, medication side effects, stroke, and depression. The evaluation for Alzheimer's usually includes a memory test, blood tests, and a brain

scan. Alzheimer's is a disease that damages the brain and causes loss of memory. This is why people with Alzheimer's have problems with day-to-day living. The cause of the disease is not yet fully understood. At present, it has no cure. Proper care can help most people with Alzheimer's live a comfortable life for many years.

For more information on Diabetes and Alzheimer's, see the information table display in front of the CEAP Office on the 6<sup>th</sup> floor.

CEAP offers free, professional counseling services for a variety of issues including depression, family, and marital discord, finance and legal issues, stress relating to early retirement, relocation or possible downsizing, and drug and alcohol abuse or addiction. Counselors help employees address and overcome any problems that could adversely affect attendance and job performance. Employees and immediate family members of FISC, NAVTRANS, FOSSAC and DECCD (Formerly DIPC) may benefit from CEAP services. For more information call Veronica Thomas at 443-1049 or 443-1490.



## CAX makes room for new inventory

An old propeller is lowered on to a barge for transport to St. Julien's Creek Annex. Over the past two years, Cheatham Annex has disposed of \$100 billion of excess and obsolete parts and equipment. The material is transferred to the Defense Reutilization and Marketing Organization (DRMO) at St. Julien's Creek for resale or disposal. By disposing of the excess material, CAX frees-up inventory value and makes room for storage of current material. A portion of the value of the old material is also returned to the government, while making the material available to other organizations that may be able to use it. An example of some of the Navy assets maintained at Cheatham Annex are submarine periscopes, ship propellers, bull gears, antennae, sonar domes, and various other equipment. Eighteen warehouses provide approximately 2.3 million gross square feet of general-purpose unheated space and 300,000 gross square feet of controlled humidity space.

## Military Star card lowers interest rate

By Kristine M. Sturkie, Navy Exchange Service Command

The good news continues for military exchange customers who are Military Star cardholders. For the first time this year, they will benefit from a drop in the card's interest rate from 9.5 percent to 9.0 percent, effective Dec. 1. The interest rate on the Military Star card is at its lowest point since the card was introduced.

This latest decrease broadens the highly competitive rate of the Military Star card versus other credit cards. The Military Star card is comparable to a private label credit card, similar to those offered by retailers such as Sears, J.C. Penney, Home Depot and Target. Depending on a customer's payment history, these companies will offer interest

rates ranging from 21 percent to 24.99 percent. Also, according to [www.bankrate.com](http://www.bankrate.com), the average variable rate for a standard credit card is 13.96 percent, a gold card is 12.47 percent and a platinum card is 11.69 percent.



## Money Matters

The new rate does not apply to military clothing plans, special promotions already in existence, or other special programs which may offer reduced rates, such as reduced interest for Joint Chief of Staff directed orders.

The Military Star card is accepted at all Navy, Army/Air Force, Marine Corps and Coast Guard exchanges.

For related news, visit the Navy Exchange Service Command Navy NewsStand page at [www.news.navy.mil/local/nexcom](http://www.news.navy.mil/local/nexcom).

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be "actively at work" (pay and duty status) for at least 50 percent of their scheduled duty on their last regular work day before the scheduled effective date of their coverage. This meant that coverage could be delayed for one month, or more, for employees with applications approved in November and December if they were on leave on Nov. 29 or Dec. 31.

In view of heavy leave usage on Nov. 29 and Dec. 31, and in keeping with the objective of being employee-oriented and family friendly, the "at work" requirement has been relaxed.

For this year only, coverage will NOT be delayed for employees in an approved leave status Nov. 29 or Dec. 31 as long as they return to being actively at work during the month when their coverage becomes effective and they pay their premium within established deadlines.

The full announcement is at [www.opm.gov/insure/ltc/active02.htm](http://www.opm.gov/insure/ltc/active02.htm), and frequently asked questions are at [www.opm.gov/insure/ltc/faq/open\\_season.htm#actively](http://www.opm.gov/insure/ltc/faq/open_season.htm#actively).

## SmartWebMove now on line at Det. Philadelphia

The NAVSUP SmartWebMove (SWM) network added FISC Norfolk Det. Phila. to the system, allowing authorized members serviced through the Philadelphia Personal Property Support Office (PPSO), and its satellite office at NAS/JRB Willow Grove, to submit CONUS Household Goods movement applications on-line through the NAVSUP website. SWM makes on-line counseling and planning fast and simple. SWM offers convenient access from anywhere an Internet connection is available. The Det.'s PPSO began accepting SWM applications on October 30. Pictured are (l-r) supervisory traffic management specialist Charlotte Drayton and transportation assistants/counselors Maureen Adams and Cynthia Baker.



## DDNV packs trees for shipment to families overseas



Elliott Fields (left) and Shade Smith, DDNV woodworkers from Building W-135, load fresh Christmas trees into a crate for shipment to military families stationed overseas. Every year around Thanksgiving, workers from DDNV's Production Division pack trees to ship to families in areas where Christmas trees might be difficult to find. According to Al Galvez, because these are freshly cut trees, the timing of their packing and shipping is critical. He said that if the trees are sent too early, they will die before Christmas. The trees are provided by the Norfolk Navy Exchange. This year, 176 trees were packed in five open wooden crates. The five fully packed crates weighed a total of 6,176 pounds. The trees will travel by sea to their destination, where they will help brighten the holiday season for military families who might otherwise not have been able to have a fresh-cut tree this holiday season.





**FISC Norfolk Detachment Philadelphia OIC, Richard A. Ellis was promoted to Captain on November 1 during a ceremony attended by many family members, Philly Detachment personnel and fellow Supply Corp officers. Assisting with his new O6 shoulder boards are his mother (Mrs. June Ellis) and Rear Adm. Michael Finley. Capt. Ellis replaced Cmdr. Dan Downs as the Philadelphia Detachment's OIC in June.**



**Jan Brindley, Code 200, is the FISC Norfolk Supervisor of the Quarter.**



**PC3(SW) Chris Ervin is congratulated by FISC Norfolk Executive Officer Capt. Paul Flondarina for his selection as FISC Norfolk Junior Sailor of the Quarter.**



**SK2(SW/AW) Bobby Miller is congratulated by FISC Norfolk Executive Officer Capt. Paul Flondarina for his selection as FISC Norfolk Sailor of the Quarter.**



**ET2 John Farrell (left), SMSD, recently reenlisted for six years. The oath of enlistment was administered by GM1(SW) Jason Sloan. Farrell has accepted orders to USS Obannon**